

Physiotherapy Musculoskeletal (MSK) Update JULY 2023



Referrals	Jan-Jun 23
GP	5966
Self-Refer	4561
Consultant	3605
AHP/ Other	682
A&E	415
TOTAL	15229

Waiting list size: 9094 (Up from 6868)

Urgent Waits: 5-10 days

66.9% of patients seen within 12 weeks

Routine Waits: 26 weeks (Up from 25)

Our self-referral can be accessed through our website which has information on a wide range of MSK Conditions:
<https://www.nhslanarkshire.scot.nhs.uk/services/physiotherapy-msk/>

What's new?

Physio MSK is now on the **NHS Lanarkshire Clinical Guidelines App**. The newly launched Physio MSK referral guidelines aim to ensure patients get to the right person at the right time:
<https://nhslguidelines.scot.nhs.uk/referral-pathways/physiotherapy-referral-pathways/>

The app can be accessed on any device connected to the internet. Search for 'NHSL Guidelines' on App Store/Google Play or visit the NHSL Guideline website.

Acute Low Back Pain (LBP) Drop in Clinics

NORTH: Wester Moffat Physio Dept, Fridays, 9.30-11am (Except Public Holidays)

SOUTH: Douglas Street Community Clinic Physio Dept, Thursdays 2-3.30pm (Starting from the 10/08/2023)

Inclusion: New episode of LBP/ recent flare up of LBP within last 12 weeks, Over 16 years old, GP practice sign posts patient

Exclusion: Multi joint pain, Red flags, Chronic pain, Already seeing Physio, Cognitive impairment, Unable to attend outpatients, Requires interpreter

Consultant Connect

If you require **pre-referral** enhanced advice & guidance our Advanced Physiotherapy Practitioners (APPs) will be available Mon-Fri 9-4pm via Consultant Connect. The APPs can provide advice on the management of MSK conditions & the correct referral pathway if required. Please note this service should not be used for queries in relation to wait times etc.

REMINDER FOR GP teams: RAPID ACCESS TO PHYSIOTHERAPY SERVICES



Working Health Services Scotland (WHSS) is a free & confidential service. It's designed to help people who are:

- employed by a small business (< 250 employees) including self employed

WHSS provide rapid access to assessment by an NHS professional, advice & access to interventions including physio within 10 working days of assessment.

To register, or to find out more about how Working Health Services Scotland can help you, call **0800 019 2211**